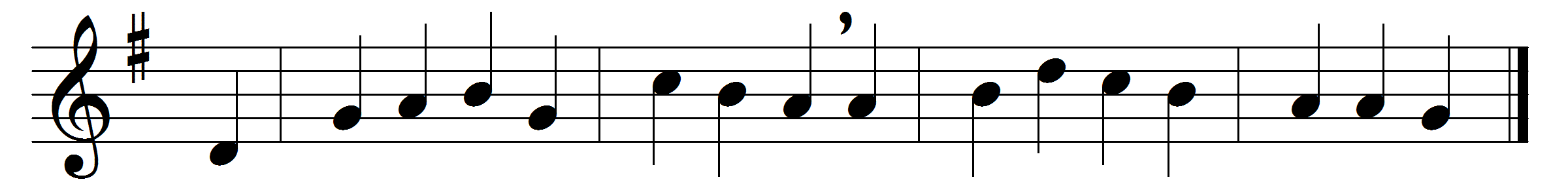
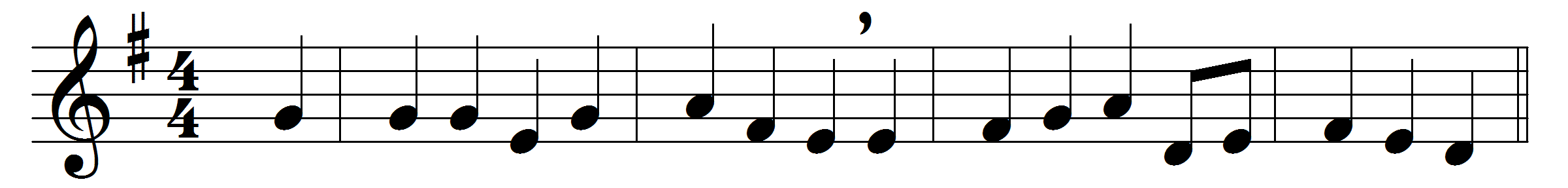
Take up thy cross, the Saviour said AMNS 237 Melody: Breslau L.M.



Take up thy cross, the Saviour said,  
if thou wouldst my disciple be;  
deny thyself, the world forsake,  
and humbly follow after me.

Take up thy cross – let not its weight  
fill thy weak spirit with alarm:  
his strength shall bear thy spirit up,  
and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame,  
nor let thy foolish pride rebel:  
thy Lord for thee the Cross endured,  
to save thy soul from death and hell.

Take up thy cross then in his strength,  
and calmly every danger brave;  
’twill guide thee to a better home,  
and lead to victory o’er the grave.

Take up thy cross, and follow Christ,  
nor think till death to lay it down;  
for only he who bears the cross  
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,  
all praise for evermore ascend:  
O grant us in our home to see  
the heavenly life that knows no end.

Words: Charles William Everest (1814-1877)

Music: German traditional melody as used by Felix Mendelssohn-Bartholdy (1809-1847)