Take up your cross, the Savior said Hymnal 1982 no. 675 Melody: Bourbon L.M.



Take up your cross, the Savior said,

if you would my disciple be;

take up your cross with willing heart,

and humbly follow after me.

Take up your cross, let not its weight

fill your weak spirit with alarm;

his strength shall bear your spirit up,

and brace your heart, and nerve your arm.

Take up your cross, heed not the shame,

and let your foolish heart be still;

the Lord for you accepted death

upon a cross, on Calvary’s hill.

Take up your cross, then, in his strength,

and calmly every danger brave;

it guides you to abundant life

and leads to victory o’er the grave.

Take up your cross, and follow Christ,

nor think till death to lay it down;

for only those who bear the cross

may hope to wear the glorious crown.

Words: Charles William Everest (1814-1877)

Music: Melody attributed to Freeman Lewis (1780-1859)